

Saints Student-Athletes Recognized at Fall Sports Assembly

Liz Torrey, Dec 16 2016

On Thursday, December 15, we honored our Saints fall athletics teams at a Sports Assembly in Engelhard Hall. Recognitions, listed by team, with some citations from coaches, are as follows:

Boys Cross-Country

Most Valuable Runner: Alex Horgan '18

Varsity Coaches Award: Alec Barretto '18

JV Coaches Award: Francis Kigawa '17

Most Improved: Robin Zhang '19, James Doucette '18

All-Conference: Alex Horgan '18, Blake Hundley '20

All-State: Alex Horgan '18 (First Team)

Girls Cross-Country

Most Valuable Runner: Caitlin Cobb '17

"Caitlin turned in another outstanding season following her breakthrough year last season, culminating her high school running career by earning second in the state meet ("going 19:49 on a punishing course") and earning first team all-state honors. Describing Caitlin, one of her teammates said, 'She contributes pure enthusiasm and energy, and the combination of her incredible work ethic and her knowledge of her own body and its limitations is an incredible model for younger runners, especially for those who can sometimes feel the pressure to keep running through injury.' Through sustained hard work, smart training, and competitive fire, Caitlin proved herself to be one of the top runners in the state." —Head Coach Jenny Carroll

Rookie of the Year: Charlotte Gehrs '20

"Charlotte began the season running for our JV squad and ended the season as our #3 varsity runner. She just kept getting faster, dropping a minute and a half off her time in a three-week span and then dropping another two minutes from a mid-season race to her state meet. She was unflappable, trained hard and smartly, and raced with guts and impressive consistency. We look forward to more from this talented young runner!"—Coach Carroll

Coaches Award: Kathryn Paton '17, Sarah Paton '17

"Kathryn Paton was our #2 varsity runner all season, and yet her contributions were more impactful on a daily basis during our training. Her sister shared the following about her: "Kathryn's pure commitment to running, to the SAS X-country program and to all of us runners is immense and obvious. Her incredible work ethic inspires me each and every day—there is nobody I know who cares more about running and daily improvement. Sarah Paton garnered incredible respect and love from her teammates, receiving almost unanimous support in our vote for captain. She was a vocal leader in the middle of our JV pack, and made it obvious that she genuinely cared for each runner, adjusting her pace to run with beginners and persisting in reaching out, making conversation, encouraging those struggling, showing tireless enthusiasm. These two young women have left a lasting impression on the program and for that we are incredibly grateful!"—Coach Carroll

All-Conference: Caitlin Cobb '17, Kathryn Paton '17

All-State: Caitlin Cobb '17 (First Team)

Field Hockey

Most Valuable Player Award: Meggie Luke '17

"Meggie really worked hard this season on maintaining a sense of positive psychological momentum at each game. She led by example and her teammates depended on her to set the rhythm that worked for a specific game."—Head Coach Viviana Davila

Most Improved Player Award: Lacy Grice '18

"Lacy stepped up willingly to the varsity field hockey team after only playing for one week in goal on the JV team, and covered her first varsity game where she had 11 saves. After that game, she was determined and asked to practice daily with varsity. She proceeded to ask for more challenging drills and wanted the players with the hardest shot on goal to warm her up—she was in her zone, determined to be aggressive and unstoppable. Every single player improved this season, but Lacy showed unbelievable improvement, and recorded 80 saves for the season."—Coach Davila

Coaches Award: Hannah Sailer '17

"We could count on Hannah to lead her teammates as co-captain with positive words of encouragement everyday, even during our tougher moments. She always brought up the team by her positivity and pump up speeches; always ensuring they stayed in the game."—Coach Davila

JV Coaches Award: Sarah Caron '19

"Sarah has natural abilities to lead and has a positive attitude, and her focus and commitment to learning and improving was always evident."

All-Conference: Alex Cameron '18 (Second Team), Abigail Hummel '18 (Second Team) Meggie Luke '17 (First Team), Gillian Simpler '18 (First Team), Pauline von Stechow '19 (First Team)

Football

Robert M. Colburn Award (Presented to the player who served as an inspiration to his teammates through his selflessness, determination, perseverance and good sportsmanship.): John Paris '17

"In the first game of the year when John was fully healthy, the Founder and CEO of the Touchdown Factory had 11 tackles, 5 tackles for a loss and one sack. After he suffered his injury John showed his true colors. He still came to all practices, supported his teammates and was dying to get back out there with them. A year removed from being a First-Team All Conference tight end, John turned into a coach and showed us the great leader he is. He helped out his teammates in any way he could and was always asking the coaches if there was anything he could do to help out."—Head Coach Patrick Moffitt

Most Improved Player: Arthur Potter '19

"After last season ended Arthur again made it clear to me he wanted to play quarterback. So I told him to meet me in the weight room at 6 AM one Monday morning, and we will start turning him into a quarterback. For the rest of the winter and spring last year he was in the weight room every Monday, Wednesday and Friday morning. We also had afternoon workouts a couple times a week focusing on quarterback play. This resulted in Arthur starting all nine games for us this year at quarterback and breaking virtually every single season passing record in school history."—Coach Moffitt

Most Valuable Player Award: Colin Cool '17

"What he did the rest of the year exceeded all expectations. In his first game starting at tight end against Seaford, he caught 7 passes for 153 yards and 3 touchdowns. From there he continued to make plays for us the rest of the year and was the guy we'd call for when we needed a play to be made on offense. He was named First-Team All Conference tight end and led all tight ends in our conference with 24 catches for 453 yards and 4 touchdowns. In addition to what he accomplished on offense, Colin also played every single snap on defense for us at cornerback and he also took over kicking and punting duties from week 2 on as well; which again was something he never did until the week leading up to that game. He was a very intricate part to what we did all year."—Coach Moffitt

Dedication and Commitment: Dante Soriano '20, Adrian Watts '20

"These guys always show up on time, work as hard as possible, and be the best teammate they can be, no matter the circumstances. Dante Soriano and Adrian Watts are both freshmen, brand new to the school and program, and we asked a lot out of them this year. Dante, not being the biggest guy in the world, played every level of defense at some point or another this year, from the line to linebacker to the secondary. He showed up to practice on time every day ready to work, and did whatever was asked of him. The most inspiring thing about Adrian is that he played most of the year pretty banged up; from his knee, to his hip to his hands. However, you would never know he was hurt because he never mentioned it and just went about his business. Whenever any of us would ask if he was alright or how he was doing he would just always say "I'm good" and move onto the next play. Both of these guys are great leaders by example and put every last thing they had for us into this season."

All-Conference: Colin Cool '17 (First Team), Ryan Godfrey '19 (Honorable Mention), Jaryd Jones '17 (Honorable Mention), Alec Maloney '17 (Honorable Mention), John Paris '17 (Honorable Mention), Arthur Potter '19 (Honorable Mention), Adrian Watts '20 (Honorable Mention)

Boys Soccer

Most Valuable Player: Colin Campbell '17, Evan Murray '18

Most Improved Player: Quentin Abramo '18, Harrison Foley '17

Coaches Award: Jamie Rowley '19

Most Valuable JV Player: JaeJoon Kim '17

JV Coaches Award: Richard Zhang '18

All-Conference: Brennan Ayres '17 (First Team), Colin Campbell '17 (First Team), Harrison Foley '17 (First Team), Ben Horgan '19 (Second Team), Nik Malhotra '17 (Honorable Mention), Evan Murray '18 (First Team), Keegan Pando '17 (Honorable Mention), Robbie Turnbull '18 (First Team), Simon Sperl '18 (First Team), Warrington Webb '18 (Second Team)

All-State: Brennan Ayres '17 (First Team), Colin Campbell '17 (Second Team), Evan Murray '18 (Second Team), Robbie Turnbull '18 (Second Team), Simon Sperl '18 (Second Team)

Volleyball

Coaches Award: Anna Gillespie '17, Charlotte Berl '17

"Anna was a workhorse who was willing to do anything needed to help the team. She played all positions on the floor and brought an incredible knowledge of the game. She was a player who was never shy about talking with me and giving me suggestions to make drills better or a skill to work on in practice. Her love for the sport was unparalleled. Charlotte would be spiking the ball for a kill one minute in practice, and dancing on the court the next minute. Her positivity and willingness to keep things light hearted benefited all. She was an amazing teammate."—Head Coach Mike Mastrocola

Most Improved Award: Jas Southerland '17

"Jas brought a calm and steady form of leadership. She let her play do the talking for her, and modelled what it looks like to work hard and be a good teammate, all while being a feared hitter and blocker in the middle. Jas' tremendous growth over the years as a volleyball player proves that with the correct attitude and effort, many of our players can improve to become all conference performers."—Coach Mastrocola

Grit Award: Joycelin Farmer '17

"Joyce modeled tremendous work ethic and a fierce drive to keep plays alive. She would always have bruises on her arms and legs from sprinting full speed into bleachers or into scores tables tracking down a ball, or diving to make a play for her teammates. Her energy definitely rubbed off on her teammates, and it was always present both in practice and in games."—Coach Mastrocola

JV Award: Kate Paris '18

All-Conference: Noor El-Baradie '19, Jas Southerland '17