

THE CARDINAL

FRIDAY, OCTOBER 26TH, 2018 VOLUME LXXXVI. ISSUE I

St. Andrew's School MIDDLETOWN, DELAWARE



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for a better future.

EDITOR'S LETTER

ENOK CHOE '19

Dear St. Andrew's Family,

Reading The Cardinal for the past three years, whether reading about student opinion on the dress code or on social injustice against specific ethnicities, I was shocked by how thoughtful, diverse, and powerful the voices of the student body can be. I was compelled by the hidden voices being drawn out through their writing -- the voices that were not able to be easily expressed before and a profound, mature wisdom hidden behind a seemingly ordinary community of teenagers. The writings of the student body completely transformed my preconception that it is realistically challenging for teenagers like us to make a difference in the world.

My main vision for the school has been to promote a family-like connection in this community. Even though St. Andrew's has a reputation of being a strong community, I've always thought that it has a potential to be even more powerful. I envision that our school can become a place where every member of the community is

able to see one another as brothers and sisters. I envision a community where students immediately know that they are loved by the entire school the very moment they become a part of it. Most importantly, I envision a community where students' aspirations and voices are always heard and put into action when they are expressed, not slowly forgotten. I believe The Cardinal plays an essential role in taking a first step into this ambitious vision, leaving a legacy of connection for the next generation of St. Andreans.

I wish to ride on the theme of creating The Cardinal that emphasizes the principle that we as students can make a difference in the community

and even in the larger society through our writing. Reading and contributing to The Cardinal allows us to be vulnerable, raise consciousness, and connect with the family we wish to create here. I believe our writing has the potential to play an immense role in sparking transformative conversations and to lead to a sense of open-mindedness to varying perspectives.

Thank you all for becoming a part of our vision for The Cardinal and the school- I hope your peers' writings inspire you as much as they have for me.

Yours, Enok Choe '19





NICARAGUA

ALIAY CHAVEZ '20 REPORT

Their fearlessness and courage to speak out against the government has allowed the voices of silenced citizens to be heard.



Protests in Nicaragua began on the 18th of April in 2018. These protests were in response to President Ortega's decision to increase taxes but decrease the tax returns by 20%. This reformation only benefited the elite because it allowed for them to stay at the top and once citizens realized this the revolt began. Ortega canceled these reformations following the death of thirty people during the first five days of protests, but the marches continued. These protests sparked a fire in citizens and showed them that they no longer had to hold back their anger. One of the main groups of people in this fight has been college students.

Hispanic heritage month is from September

15th to October 15th. This is a time in

which a lot of countries, especially Central-

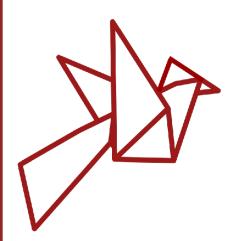
Lester Aleman, a Nicaraguan native who is also an American citizen, has been one of the main figures of the movement. As a young college student, Lester found himself in an unimaginable position: he was the face of the movement and was placed under immense pressure to represent the majority of Nicaragua's citizens who were being treated poorly. The government sent him multiple death threats for his activism. Lester was therefore forced into hiding before eventually coming back to the United States because of his controversial resistance against the Nicaraguan government. Lester is only

one of the many people who spoke out against Ortega and all of the injustices that were taking place. Dania Valeska Alemán Sandoval was another student who played a big part in bringing awareness to all of the corruption taking place. In a heartbreaking Facebook Live Video, she broadcasted what she thought would be her last moments. She was then arrested two weeks after the live stream and was subjected to tremendous psychological abuse. The protesters' nonviolent actions were made to be seen as terrorism and are being treated as such by Ortegistas, which are people who support the President, and government officials.

It is important to realize that Hispanic Heritage Month is a month in which Latin America celebrates its independence, but that there are various countries who are still pushing for their human rights to be recognized. There still needs to be a lot of work done in order to help out the countries who are suffering but the first step is being aware of what is going on and Hispanic Heritage Month provides an outlet for this information to be shared.

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NOOD CARDINAL



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A CHANGE FOR THE BETTER?

A COMMENTARY ON THE EFFECTIVENESS OF THE NEW SCHEDULE FROM A RETURNING SOPHOMORE'S POINT OF VIEW

CHRISTINE CHEN '21

OPINION

"With the new schedule, things will be less ridiculous." I'm sure we - new and returning students alike - have all heard some variation of this statement throughout the school year. Yet, does the new schedule really live up to its expected glory?

Workload

One positive commonly attributed to the new schedule is a smaller workload each night. The logic is that because students only have, at most, four classes a day, the most work one can have a night is for four subjects. Moreover, due to the rotating schedule, only one out of the eight blocks meets two days in a row at once. So, ideally, students only have one subject of homework a night that is due within 24 hours.

However, it's not entirely that simple. Because only one class meets two days in a row, it can create an illusion of less work when the workload really hasn't changed much. Technically, the acceptable homework load for each block is now 45 minutes, instead of 40 minutes like previous years, so the difference is slight. One potential issue is that students be more inclined to procrastinate because of the larger gap between meeting times of the same class. With an extra day in between, one is more likely to put off their work until the night before it is due, which defeats the purpose of a rotating schedule.

Breaks

Another feature of the new schedule is longer breaks. Students now have 15 minutes of break in between classes instead of five, which allows them to stretch, grab a snack, and catch up with friends as well as get to their next class on time. Students may also meet with teachers briefly after class should they need to. The 30-minute mid-morning break,

which occurs on Mondays and Tuesdays, is also an ideal time to catch up on work, meet up with teachers for extra help, and hang out with friends. The extra hour (or 90 minutes on Mondays and Wednesdays) offers time for all of the above as well as club meetings and an opportunity to get ready for afternoon activities.

The longer breaks, on the other hand, may slow down the pace of the school day. Potentially, students may either get to their next class early and not know what to do, or may tarry in their previous classroom or dorm room, leaving themselves little time to hurry to the next class. I fear that is the exact opposite of the original intent of the schedule change.

Blocks

Since there are only four blocks of classes a day, each block is extended from 40 minutes to 75 minutes. This allows more in-depth discussions and deeper understanding of the subject material without rushing. Longer blocks also mean longer free periods, during which students can do more focused work or relax for a longer period of time (i.e. take an actual nap). Students can also spend more time with their advisors if they schedule advisor meetings during those frees.

We do, however, have to acknowledge the shortcomings of longer blocks. It is harder for students to concentrate for all 75 minutes, let alone take in all of the material. Longer frees can still fly by if one so chooses to waste it. It also makes the admissions tour schedule more difficult. The tours are not always scheduled at the start of a block because blocks are no longer 40 minutes, the optimal time for an admission tour. This change risks the punctuality of the tour guides since it can be harder to remember one's

assigned tour times.

Wednesday Long Lunch Personally, I am not a fan. With only one lunch period, albeit longer, everyone rushes into the dining hall and creates traffic. Even with the new lunch schedule that Mr. Speers sends out every week, the dining hall still can't handle the number of hungry students. Meanwhile, community service is harder to manage since it now shares a block with Wednesday cafeteria lunch. Students who community service often have to rush to their commitment right after a quick bite of lunch and then to class afterward, taking away the relaxation of Wednesday lunch.

Saturdays

Saturday classes are eliminated and thus students have a later and more laid-back morning Saturday schedule. Saturday activities (as well as Friday night activities) are designated to help forms and dorms strengthen their bonds. On the other hand, although this means no more classes on Saturdays, many students would much rather sleep in than go to a mandatory function after breakfast sign in. Additionally, more students appear to be leaving campus on the weekends as a result of this new weekend schedule.

Sleep-in Thursdays Instead of a sleep-in meeting period every other week, we now have a sleep-in morning every Thursday. This indeed earns a "yay" from the majority of the student body, so maybe it truly is a change for the better.

Although it's not perfect, this new schedule does have its

HERE'S What I'm LISTENING TO:

NADIA HOLCOMB '19



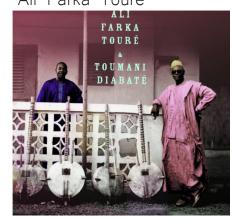
"New Flesh" Wild Heart Current Joys



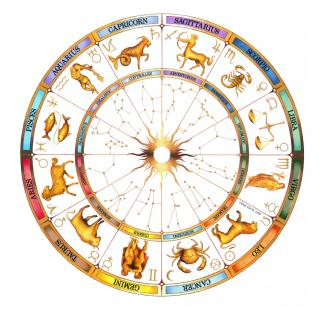


"Crossfire / So Into You" Needle Paw Nai Palm

"Doudou" Ali & Toumani Ali Farka Toure



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HOROSCOPES

ALICE THOMAS-HILTON '19



Capricorn: Your symbol isn't the goat for nothing. This week, because of the position of Mars in relation to the sun, it will become clear to all the people in your life that you really are the G.O.A.T. (greatest of all time). You will probably get an appreciation in school meeting due to this new understanding of greatness that your peers have of you.

Aquarius: This week is supposed to be fairly dry, leaving members of Aquarius feeling quite down. Despite the fact that you may lash out and feel angry for supposedly no reason, there is a solution. Take a shower every day, and you will feel immediately better.

Pisces: Goldfish have a memory span of about 30 seconds, and this week, this will be true of you too. The sun's rays will be especially strong this week (10 times more powerful than last week), meaning that you will have a hard time remembering the simple things that you have to do - like buttoning your pants after you go to the bathroom. Avoid eating fish this week or the symptoms will only get worse.

Aries: You are going to RAM into this week, head first. You are going to crush it this week. Maybe hang out with your Pisces friends because they could use some of your good luck. SAGE will serve your favourite meal at some point this week, so get excited for all the good things that are coming your way.

Taurus: Your symbol, the bull, means that you are in a crucial place this week to see any bull-ying happening around you. Because of the internal strength you are getting this week due to the position of the Earth in relation to Venus, this week is your week to stand up for something that you believe in.

Gemini: This is Parents Weekend so many people are going to tell you that you look just like your mother. It doesn't matter if you see it or not - it is inevitable. This will be especially true if your mother also happens to be a Gemini. Don't worry, as soon as the Earth tilts 6 degrees north on its axis, everything will return to normal again.

Cancer: This week is the week to cut that toxic person out of your life (you might even call them cancerous). The full moon coming up will give you the skills you need to focus on your own individual needs and therefore avoid negative energy.

Leo: Leo-nardo DiCaprio will do something bad this week because of the wind pattern's negative influence on him. This means bad things for all the Leos out there. Make sure you stand strong and don't let the negative actions of those around you pull you down. This week is a test that you have been preparing for for your entire life.

Virgo: The powerful presence of Mercury in the night sky is going to really impact Virgos. You are going to want to spend a lot of time in your room because of all the fear that Mercury is bringing into your life. It is important to remember that Mercury is just a planet that is far, far away, and you aren't going to let a planet take control of your life. This is the week of self-empowerment.

Libra: This week the scales are going to tip in your favor because of something sweet that someone else has done for you. Pluto is bringing good energy into your life. It is important that you are especially grateful this week, because otherwise, you might not be so lucky in the future.

Scorpio: The tectonic plates of the Earth are shifting good energy into your life. Now is a good time to reach out to someone who you may not normally speak to. Scorpios are known for being fiesty, so it is important to take the first step to initiate this new friendship. Also, stay away from people with green eyes because they will wreak havoc in your life this week (or ask them to close their eyes when they want to talk to you).

Sagittarius: Neptune is causing the tides to shift. This week you are going to find yourself feeling very cold for no particular reason. There are two solutions: you can either go to the health center and hope for the best, or you can reach out to the people who love you. Their love will be strong enough to warm your heart. Make sure that you spend lots of time with your friends this week.

AMAZING WOMEN YOU DON'T KNOW ABOUT

MMA FIGHTER, WHITE HOUSE FELLOW, AND FUTURE CONGRESSWOMAN

RILEY BAKER '21 REPORT

On Monday, October 8th, both Indigenous and non-Indigenous protesters took to the Dartmouth green with signs and music protesting Columbus Day. For decades, the second Monday in October has been reserved for Christopher Columbus but recently, legislation in both California and Ohio have ditched Columbus Day to instead celebrate Indigenous Peoples' Day in America. Yet none of this prevented Sharice Davids - a proud lesbian, Native American, and professional MMA fighter running for Kansas's 3rd congressional seat as a Democrat - from getting a hate message from a GOP committeeman named Mike Kalny. "Your radical socialist kickboxing lesbian Indian will be sent back packing to the reservation," the message read.

Mike Kalny has since resigned. Nonetheless, this onslaught of racial and homophobic

attacks has gone on for too long, especially Obama. Growing up in a military family considering the message was received on Sunday night, just a few hours before Indigenous Peoples' Day. This hateful message echoes similar tones in messages or in writings from last year concerning eighteen-year-old Emma Gonzalez, a prominent voice in the gun control movement. Leslie Gibson, a GOP representative for Maine, wrote that "There was nothing about that skinhead lesbian that impresses me and there is nothing that she has to say unless you're a frothing at the mouth moonbat."

Rather than give more attention to their words, I want to use this opportunity to highlight the importance of Sharice Davids, potentially the first Native American woman in Congress. As mentioned above, Davids is a professional MMA fighter as well as a former White House fellow under President

helped bring a perspective different from the typical Democratic views to gun control, as her website reads, "Guns do have their place. As part of a military family, Sharice recognizes that firearms have a role in society. That place is not in schools, in hospitals, in mental health facilities, or in the homes of domestic abusers." She has also been very clear in her efforts to provide affordable healthcare and education and to act immediately on environmental issues. All those identities and experiences give her the ultimate upper hand in the world of politics. The abilities to see both sides and to overcome all obstacles make the best scholars and politicians. But it is also the strength of resilience that makes a great congresswoman.

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SAS FALL SPORTS

TIM ODUTOLA '20 JAKE MYERS REPORT

The St. Andrew's Football program is off to a steady start settling into the month of October, as their record stands at 2-4 with victories over First State Military Academy and George School. The team is looking to build on last year's turn-around season with a 4-5 record. The team looks great this year with a mix of seasoned players and promising underclassmen who are putting Saints Football back on the map. The team has many players who have been improving since freshman year. We now see the proof of this, as the Saints just beat the previously-undefeated First State Military Academy Bulldogs 32-7. Overall, the team appears to be in good shape and is looking to build on the success they've had.

Adrian Watts '20 leads the Saints on offense as he has thrown for a team-high 264 yards, accumulated a team-high 209 receiving yards and is second on the team with 154 yards on the ground. Watts has also added seven touchdowns: two passing, three rushing, and two receiving. Theo Jaffe '19 has provided another dimension in the quarterback position as well, throwing for 230 yards and two scores while rushing for an additional 52 yards. Micah Turpin '19 has proven himself to be the top rushing threat for the Saints, gaining 426 yards on 57 carries for seven scores. Turpin had the game of his life against George School, running for 300 yards while finding paydirt five times. Turpin has also caught four passes for 154 yards, scoring on one reception. Classmates Lamar Duncan '20 and Alex Maruszewski '20 each have one touchdown reception.

Defensively, the Saints have continued to improve as they only allowed 15 points over their previous two contests. Watts anchors this unit from his outside linebacker position, recording 37 tackles, eight of them going for a loss. Brandon Graves '22 and Turpin have been active as well, recording 27 and 22 tackles, respectively. Graves, in his rookie year, has seven tackles for loss while contributing two sacks. A host of Saints have intercepted the opposition, led by cornerback Tim Odutola '20 who picked off First State Military Academy twice. Arthur Potter '19, Jaffe, Maruszewski and Mason McKee '21 each have one interception.



The St. Andrew's Varsity Volleyball team has continued its rapid improvement, winning six of their first nine contests to start their 2018 campaign. The Saints are led by their two returning all-conference performers, Noor El Baradie '19 and Emily Paton '20. El Baradie, an Honorable-Mention All-Conference pick in 2017, leads the team with 161 assists (17.8 per contest). El-Baradie has saved her best play for critical wins, recording 30 assists against MOT Charter and 24 in three separate contests. Paton, a 2nd team all-conference performer last year, leads the team

with 80 kills (8.8 per contest). Paton, who recorded a season-high 14 kills against MOT Charter, has tallied double figure kills in six of nine contests. Lila Feldmann '20 has also proven to be reliable at the net, averaging 6.3 kills per match.

The Saints, who won eight matches in 2017, will look to surpass this mark in their remaining five matches.



The St. Andrew's Boys' Varsity Soccer team has had a solid start to their 2018 campaign, winning five of their first nine contests. The Saints, averaging just under three goals per match, have been forced to play three overtime matches against St. George's Tech High School, Delaware Military Academy and conference foe Tower Hill School. Winning two of their three overtime matches, the Saints relied on clutch goals from Logan Cameron '20 and Nick Loh '19 to defeat St. George's and Tower Hill in extra-time. Alex Phan '19 leads all Saints with four goals while Matt Lilley '21 has added three. Ben Horgan '19, Steven Ding '20, Zach Tull '20 and Tyler Wood '21 have each netted two. Tull also leads the team with two assists.

St. Andrew's will look to finish strong over the course of their next six regular-season contests, five of which are critical conference match-ups.



than half-way through their season and are improving every game. The Saints, now 2-8-1, have had a variety of players contribute in the scoring column. Piper Ackermann '19 and Clare Slinkard '21 have scored twice while Ava Sekowski '20, Ingrid Hoopes '20, Campbell Nicholson '20, Heleah Soulati '21 and Claudina Buccini '21 have each tallied one. Ackermann saved her best performances for key conference matchups, scoring the Saints lone goal in a 1-1 tie against Wilmington Friends while scoring the game-winner in overtime against Sanford School. Throughout the year, the Saints have received strong goalie play from classmates Ginger Mullins '20 and Ruth Lunsford '20. Mullins has recorded 13 or more saves in three contests while Lunsford held the Warriors of Sanford scoreless with six saves in a critical win.

The Saints hope to finish strong, as five of

their last seven contests are against conference foes



The Boys' Cross Country team has had a very solid start to the season. They have a talented group of runners who have been with the team for quite some time and the results are clearly showing. They had standout performances in the Lake Forest Cross Country Festival and White Clay Creek Classic. The boys all raced well in their individual races, Blake Hundley '20, Carson McCoy '19, Tad Scheibe '19, Will Cammerzell '19, and Augie Seger '19 being the leaders of the boys' team this year. The boys as a whole have been doing a great job, and will continue to do so in their next race at the Joe O'Neill Invitational. The Girls' Cross Country team has also been off to a good start, following last year's campaign. Seniors on the team such as Sofie Neil '19 and Leandre Pestcoe '19 have provided leadership in practice that has led the team to success in their meets.



Recently, the St. Andrew's boys cross country team took home first place during the Middletown Invitational on September 21 as they had five runners place in the top 13. Blake Hundley '20 took home the gold, crossing the finish line in 16:24. Right behind Hundley was Carson McCoy '19, placing second overall after finishing in 16:40. Tad Scheibe '19 finished fifth with a time of 16:58 while Will Cammerzell '19 and Augie Segger '19 finished 12th and 13th, respectively. On the girls' side, Charlotte Gehrs '20 led all Saints runners with a strong time of 21:23 which gave her the impressive standing of 21st place. Sofie Neil '19 came in 31st place while Sarah Bruno '21 and Leandre Pestcoe '19 finished 49th and 51st, respectively. As a team, the Saints finished 7th among 20 schools.



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JORDAN HATTAR: A VOICE FOR SYRIAN REFUGEES

MARVI ALI '21 Interview

In late April of last year, Jordan Hattar, a young man and humanitarian dedicated to a life of service, visited St. Andrew's during chapel to share his experience working to better the lives of Syrian refugees. During his visit, I was fortunate enough to sit down with Mr. Hattar to learn more about his work and delve a bit deeper into his background.

I began this interview by asking Mr. Hattar about his inspiration and what led him to begin his life of activism. He told me, "I think it started with learning about the world, and that really

started for me in eighth grade when I learned about Hurricane Katrina hitting the Gulf Coast. I'll never forget watching New Orleans go 80% underwater." then asked Mr. Hattar what urged him take an interest in the refugee crisis. responded,"... It was really my Arabic vividly teacher. remember going extra-credit events,

just so I could get a good grade. Something changed after learning her story, learning: this is real. What drove me to want to do something is learning how precious life is – that I could've been born in Syria, that it's just chance where we're born. Some people in the world say you can make anything out of your life, but what about the four-year-old boy that dies in an airstrike? He'll never be able to."

Even from a young age, Mr. Hattar was learning about the world around him and seeing the difficulties that people faced. This is something that we can all connect to and see in our own lives, as well. We are a generation that has grown up amidst the 2008 Mumbai bombings, the 9/11 attacks, the Sandy Hook shooting, the Boston Marathon bombing, a growing war against terror, and our endeavors to keep peace and order in our ever chaotic world.

As we get older, we are able to understand more and more clearly what Mr. Hattar is trying to say here: this is real. What we read about every morning and see as breaking news on the television is happening to real people around the world. When I asked Mr. Hattar how he took the step from

understanding what is going on in the world to setting up his nonprofit, Help4Refugees, he told me, "My dad told me early on in life, 'If you want to get something done, sometimes you have to do it yourself.' I took that as, 'Okay, well, if I don't like what's happening in the world, maybe I can share these stories.' I would watch NBC nightly news, with my dad, and they would just show the fighting. I thought, 'There's got to be more to war than just conflict. There's got to be real stories.' I didn't know the personal stories until I got there, to the refugee camp."

Throughout our conversation, Mr. Hattar stressed the importance of stories and of hearing the voices of the people who we are trying to support. He explained that by learning through stories and discussion, we are learning that these are humans – not simply numbers on the news or people on a map.

I moved on to ask Mr. Hattar what else has affected or influenced his work as a humanitarian and an activist. I asked if he felt his young age had made a difference in his work. "I think it's the reason why I speak in schools," he said. "I mean, I'm just a few years older than you guys, and I think we are the future of this world. I don't like how the current world looks with people of older generations. As a younger person, sometimes people don't take you seriously, or you're treated differently. But I face that. It reminds me -- I'll never forget what those charities, those organizations told me when I was eighteen -- they said I didn't have the right skills, that I was too young to volunteer. And that really made me frustrated, because I knew what mattered most is that I cared. When I'm looking for people to work with on the refugee crisis, I don't take the person who's most experienced and has graduated from Harvard. Sometimes that's the case, but it's really the most passionate person."

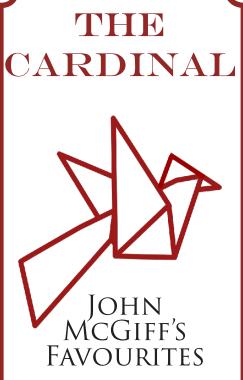
We can see the drive and determination Mr. Hattar has toward his work. He has been treated differently due to the perception that young people don't have the "right skills," the responsibility, or the maturity to volunteer and make a difference in the world. However, Mr. Hattar attempts to break this stereotype and misconception that we are not powerful. In fact, he reminds us that we are the future generations. If we want to see some sort of change in this world that we live in, we need to be prepared to step up

and do something.

asked Mr. Hattar one last question: do you think How St. the Andrew's community can make a difference helping Syrian refugees? He answered by saying, "The first step to help is to meet the people. Not only does that help us decide what's needed, also changes how we

think about Syrians. Part of the problem is how the world views someone who has left their home. They view it as a weakness, in general. I am aware of this, and that's why I think it's important to learn the language, to invest in the people, to make personal relationships, and to listen to what they say they need - not what we think they need. Whenever I go around the world, international schools and boarding schools want to fundraise for blankets and they have no idea what the actual environment is like in the refugee camp. For me, I want people to learn the Syrian refugee stories. It's a huge problem: thinking that we have things figured out and others who are in need don't. This is my last school talk of the school year, and it's been one of my absolute favorites. It's a reflection of who you guys are."

Mr. Hattar leaves us with a message of compassion. Once again, he stresses the importance of a personal connection and changing the way we think about and perceive those in need. He teaches us to take a step back from the stereotypical idea of "help" and to think about what these people need rather than what we think they need.



Favourite lightbulb colour: White Favourite SAS meal: Mediteranean spread Favourite artist: His sister, Liza Burns Favourite movie: Funny Bones Favourite holiday: Thanksgiving Favourite ice cream: French vanilla

Favourite
mail-ordered
catilogue:
Orvis
Favourite eatery:

Marlena's Favourite language:

Italian
Favourite type of hat:

Tweed cap
Favourite board
game:

Mouse Trap
Favourite leaf:
Sycamore

Favourite body of water:

The pond behind his house that has no name

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CARDINAL

DON'T FORGET TO RECYCLE!

THIS ISSUE WAS **BROUGHT TO YOU** BY MOTHER EARTH. PLEASE THANK HER BY RECYCLING IT WHEN YOU'RE FINISHED.

OR

How To PAPIER-MÂCHÉ:

- MIX TOGETHER A 1:1 RATIO OF FLOUR AND WATER
- TEAR NEWS-PAPER INTO LONG STRIPS
- DIP STRIPS INTO MIXTURE
- LAYER STRIPS ON A MOLD
- LET DRY AND DECORATE!

NEGATIVE INFLUENCES OF SOCIAL MEDIA

LOIS LEE '22

REPORT Technology. First, there were research companies - don't ask pictures which allowed for the consent of the owner. recording until language was Furthermore, social tracking formalized. Stone tablets gave has become an issue due to way to papyrus, which gave way cookies being implemented as to paper. The printing press and a file stored in the computer boats meant messages could which facilitates social tracking. make their way around the world. Many people should question the reliability of a source to prevent With the telegraph, a message could arrive in a moment. This these problems from happening. got easier with phone lines and now those have become obsolete too. Cell phones allow access to the entirety of human

Another form of privacy violation is very common with the youth and their social life. Electronic devices have downloadable apps, more specifically known as social networking sites (SNS)/ apps. Well known examples include Instagram, Snapchat and Facebook. As shown in a study from the Pew Research Center, these networking sites impact and influence teens in many ways: "95% of (US) teens have access to a smartphone, and 45% say they are online 'almost constantly." This statistic shows how much social media apps/

something uplifting. Many teens tend to post stories on Instagram, Snapchat or Facebook about their everyday life. There have been trends involving degrading videos of other people being posted online as a form of humorous entertainment. problem begins as soon as these videos are taken without consent. Filming someone without their knowledge for the supposed purpose of entertainment is a privacy violation that is rarely addressed and should be brought up more often.



There is only one thing responsible for all of these violations: addiction. Many people understand the detrimental effects imposed by staying on the internet for prolonged periods of time. Social media and clickbait are the influences of that. Despite knowing the longand short-term harms, people are still drawn to the influence of the internet and social media platforms. A common case scenario of a teen could be, for example, staying up past bedtime and going through the internet and social media apps when there's homework due the next day. This example brings us to another underestimated problem: procrastination. Procrastination is a common problem dealt with by both students and adults. Finishing a task last minute is a form of procrastination which is mostly caused by surfing through the internet or using social media. In cases of an incomplete assignment, a student may feel stress and anxiety. Therefore, procrastination may become a long term issue if there are no limitations of internet usage.

In conclusion, St. Andrew's remains a school which limits internet addiction. One of the many ways to implement a school culture built upon genuine trust is the phone policy where phones are prohibited outside of students' dorms. The phone policy doesn't totally discourage students from looking at their phones once in a while, but instead refocuses the mindset of a student toward face to face conversations rather than conversations through a screen. This significantly links to the culture and the environment that the school wants to portray: a vibrant community which excludes the concept of procrastination and violations of privacy. The system of leaving phones behind truly allows students to remove themselves from the ongoing adversities of overexposure to the internet.



No More Privacy

knowledge in an instant. People

realize that the change of the

world is accelerating through

new installments. Throughout

the course of the 21st century,

the Internet, and its influence.

Despite the benefits of using the

Internet, there have been several

negative implications of its usage

in terms of today's status quo,

from privacy violations to limited

in-person social interactions

same can be said for

charge of social media,

Privacy violations have become of youth and their experience with social media. Many teens dismiss the prospect of their rights to privacy being infringed upon. However, the lack of consent with one's privacy is more critical than ever imagined. A common example of personal information being leaked is called 'data scraping.' Data scraping entails tracking an individual's personal online activities and gaining access to all of their personal data and online conversations through any type of platform, ranging from social media to online forum discussions. Many people are unaware of their vulnerability. The notion of ethics is questioned when data harvesters - usually

sites take hold of the life of a student. If someone is violated an increasing concern in terms through the usage of social media apps, that certain individual is deeply affected. Social media has gone as far as taking hold of the lives of countless people. A quote contradictory to this statement is shown when a fifteen year old boy interviewed by the Pew Research Center stated: "[Social media] allows us to communicate freely and see what everyone else is doing. [It] gives us a voice that can reach many people." While '[communicating] freely [seeing] what everyone else is doing may seem fine, there have been acts which have led to violations of privacy. Minors, such as the fifteen year old boy are under the influence of social media and try to portray it to be FRIDAY, OCTOBER 26

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BEIJING!

Katherine Lin '22

OPINION

From the presence of oversized knit sweaters, pumpkin-flavored everything, and the unfortunate amount of coughing and sneezing, it is safe to say that Fall has landed upon us. It is amazing that the first part of the St. Andrew's 2018-19 school year adventure has passed us by so quickly. I have met and befriended more people in these past five weeks than in my entire middle school experience. That is exactly

why we should all feel lucky and proud to be St. Andreans.

The weather is becoming colder by the day. Even with the warmth and encouragement that this community provides, there is a part of everyone that misses home right now. Snuggling up bed, watching an episode of "the Office" (shoutout to all Pell girls), mom's assortment of baked treats just one simple call away. Instead of bottling up those feelings, memories, and special food cravings, I encourage you to embrace it. Turn the slightest feeling of homesickness into a collection of stories and laughout-loud moments to share with your new besties - and, of course,

the rest of the SAS community. To set an example, I want to present to you just a couple of glimpses to a beautiful little town that I am proud to call my home. Except the air is notoriously grey with pollution; it isn't a little town, but a huge metropolitan with so many people that from far away, the streets resemble beehives. Not to mention, it is only about eleven thousand kilometers away from our school — Beijing!

I could ramble on about Beijing's mindblowing population of 21.71 million people, how it ranks as the third most populous city in the world, or the breathtaking array of glass skyscrapers infused with the city's traditional courtyard houses (四合烷儿 sì hé yuàn er) and narrow walkways (胡同 hú tòng), but those are merely surface facts. What I miss most are the little details of daily life that foreigners would certainly find unusual and possibly even intimidating.



This most definitely begins in the supermarket. Going to the supermarket can be an adventure for anyone, especially for a child. You learn to squeeze into lines and haggle for bargains, but, more importantly, you see such a diversity of produce that no food could ever scare you in the future. Food was a huge part of my childhood and was the basis of many great memories. From the fruit aisles, my personal favorite, you have your average produce: apples, oranges, plums, and bananas placed in any available basket or box in the store. However, during various

occasions throughout the year, a mysterious smell that some may find revolting will lead you to a spiky dark-yellow fruit otherwise known as a durian. Don't be fooled by its weapon-like exterior because its insides are filled with gooey, creamy, light-yellow deliciousness: the taste of my childhood.

Then, there are the snacks, where every food imaginable seems to have been

drenched in spices and preserved in tightly sealed plastic bags. Here you will find an assortment of processed tofu, eggs, beef, pork, duck-tongue, chicken-feet, and a whole lot more bizarresounding but surprisingly tasty products. Immediately afterward, an aesthetically pleasing shelf consisting of hundreds of different colors will not fail to catch your attention. There are absolutely no rules or limitations to what chips should look and taste like here in China. Grape, cucumber, beef, tomato, squid and shrimp are just a couple of the amazing flavors you will find on these shelves.

As weird as they might sound, I promise that you would enjoy

at least a couple of these things. Sharing these small interesting details about home may actually bring you closer to it. What strange foods or special activities do you miss right now? This is a great excuse for laughter and a silly conversation on dorm that will surely cheer you up as winter finds its way to our warm, summery palace.

Susan Collins and Her \$3.2 Million Speech

RILEY BAKER '21 Opinion

Brett Kavanaugh is now officially sworn into the Supreme Court of the United States, winning after an insanely close vote, 50-48, in favor of Trump's Supreme Court Nominee. The whole country has been watching this major historical event, which has finally come to an end. Anyone who knows me knows the Kavanaugh hearings have become my latest news obsession—and now disappointment.

On Friday, October 5th, Maine Senator Susan Collins took to the floor to explain why she was voting in favor of nominating Brett Kavanaugh to the Supreme Court. Days earlier, sexual assault survivors and protesters against the nominee flooded her office, many of them calling on her duty as a woman to vote No (or "Kava-nope" as some people coined it) to Brett Kavanaugh. However, Collins did not, in fact, "Kava-nope". She voted Kava-yes.

Since then, her speech cost her. More than \$3.2 million have been raised online supporting her future Democratic opponent. The description for the cause, started on the website CrowdPac, states: "For failing to stand up for the people of Maine and

ignoring the voices of your constituents, and for endangering the lives of millions of Americans, we will work to elect a new senator to represent the State of Maine." Every article I've read contains searing judgments of Collins' decision as well as titles carefully crafted to burn. "White Women, Come Get Your People" an article from The New York Times reads, "Susan Collins' Brett Kavanaugh Speech Was the Final Nail in the Coffin for Her Political Identity" from Esquire, and a personally penned letter from Teen Vogue: "Dear Susan Collins, the Kavanaugh Vote Was Your Chance to Do the Right Thing-and You Blew It". Another story reports that 3,000 coat hangers were sent to Collin's office.

But why is Susan Collins the one getting all the flack? Serving as a Republican senator in Maine since 1997, she is known for voting in favor of more liberal causes. This includes her efforts to save Obamacare and continue funding Planned Parenthood, stating she would not vote for a candidate who would be a threat to the widely celebrated win for abortion rights, Roe v. Wade . As the votes narrowed down to her and Lisa Murkowski, two white Republican

women, hopes that both of them would "fulfill their duty as women in America" and vote against the nominee ran high. However, the Senate confirmed Kavanaugh, even after three women accused him of sexual assault. Susan Collins was one of the last to cast her vote, fully aware of the immense pressure from both sides. Every senator voted in favor of their own party's views, except for Democratic Senator Joe Manchin III from West Virginia.

Again, why is Susan Collins getting so much hate compared to everyone else? The fact that forty-nine other senators, one of them a Democrat, also voted to confirm Kavanaugh is no better than Susan Collins. Each and every one of them, along with the GOP, discounted Dr. Ford and Kavanaugh's other accusers and supported his new lifetime job of Supreme Court Justice. So, yes, criticize Collins for voting for Kavanaugh - but it was not her job to "fulfill her duty as a woman." It is not fair to call Collins a traitor against women because it was not Collins's job to stop Kavanaugh from being confirmed to the United States' Supreme Court-it was everyone's.

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HELP MR. ROACH FIND HIS SPIRIT STICK!

